

# timetable "Ring Frei"

[www.ring-frei.eu](http://www.ring-frei.eu)



## Salzburgring

## parcour (behind the pit lines)

<b>sunday, 25.08.24</b>		<b>training for all possible</b>
7:30 AM <b>opening race office and start number pick up</b> near the pit line - see signs		
10:00 AM	<b>Start: inline race</b> cadets (2 laps) <b>Start: inline race</b> schoolchildren B (1 lap) & schoolchildren A (1 lap) <b>Start: rollerski race</b> schoolchildren I (1 lap) & schoolchildren II (2 laps)	<b>testival for all:</b> inline - hockey, scooter, basketball summerbiathlon, crosscountry and rollerski test station handicaped, e- motors, u.a.  open end until 05:30 PM
10:30 AM	<b>Start: inline skater</b> (10 laps 42 km juniors /woman/men) <b>Start: inline Skater:</b> youth 5 laps	
10:31	<b>Start: rollerski</b> (10 or 7 rounds = 42 km or 30 km men/woman/ju) <b>Start: rollerski youth</b> I (3 laps) & youth II (5 laps)	
10:32 AM	<b>Start: rollerski Classic</b> U50/Ü50 (30km/7laps/juniors /woman/men)	
10:33 AM	<b>Start: kick biker</b> (10 laps juniors /woman/men)+ kick biker 3 rds.M/W (2008–2013)	
10:34 AM	<b>Start: fitnessrun:</b> (3 laps) for all with wheels	
	<b>1 round: 4,2km long</b>	<b>10:45 am Start: kids race</b> - kids I & kids II und schoolchildren I & schoolchildren II
		<b>12:15 am price giving ceremony</b> fitnessrun, kids race, rollerski & inline skating and kick bike for kids -schoolchildren - cadets - youth at the nordic academy tent
		<b>1:00 pm Start: Pace judgement challenge</b> - for everyone, both large and small
		<b>2:30 pm price giving ceremony</b> pace judgement challenge at nordic academy tent
1:00 PM	<b>"RING FREI" for everyone no timekeeping</b> inline skater, rollerski scooter, kick - biker - wheel chair and many more biking for kids until 12 J. (with parents possible)	<b>1:15 price giving ceremony for marathon: inline skater</b> at the nordic academy tent <b>1:15 price giving ceremony for marathon: rollerski</b> at the startnumber pick up place <b>2:00 prize giving ceremony for Kickbiker marathon</b> at the start number pick up place
4:30 PM	<b>last lap - 05:30 PM salzburgring areal is closing</b>	

**agegroups rollerskier:** kids I Parc. (2017 & younger) kids II - Parc. (2015-2016), schoolchildren I - Parc. or 1 lap (2013-2014), schoolchildren II -Parc.or 2 laps (2011-2012) Youth I -3 laps (2009-2010), Youth II - 5 laps (2007-2008), juniors/woman/men- 10 laps

**agegroups inline skating: parcour 2011 and younger, schoolchildren B-** AK09/10 (2014-2015) 1 lap

**schoolchildren A-**AK11/12 (2012-2013)-1 lap; **cadets-**AK13/14(2010-2011) 2 laps, **youth -**AK 15/16(2008-2009) 5 laps; **juniors/woman/men-**10 laps